



March 25, 2020

Memo: COVID-19 Patient Face Mask Need

Coshocton Regional Medical Center is potentially facing a shortage of facemasks for patients. Fabric facemasks may help fill this void. Although these fabric facemasks do not filter germs to the level of manufactured healthcare masks, they still serve as a barrier. We are specifically asking that masks be made of two layers of tight knit cotton with a layer of flannel, felt, or micron filter material in between.

If you are willing to dedicate the time to make fabric masks for CRMC, please view the included guidelines. We sincerely appreciate your willingness to help our community during this time of need.

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Coshocton Regional Medical Center

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## HOW TO: SEWING FABRIC FACEMASKS

Coshocton Regional Medical Center is potentially facing a shortage of facemasks for patients who may have COVID-19 and other illnesses. Fabric facemasks may help fill this void. Although these fabric facemasks do not filter germs to the level of manufactured healthcare masks, they still serve as a barrier. On behalf of our entire staff at CRMC, we cannot thank you enough for your willingness to assist us during this trying time. If you are willing to dedicate the time to make fabric masks for Coshocton Regional Medical Center, you may follow the directions below.

## DELIVERY

Please deliver your completed fabric face masks to the Main Entrance located at 1460 Orange St. Coshocton from 11am to 2pm daily. Our screening staff will deliver the masks to the departments in need.

## TUTORIALS

Below you will find recommendations for how to sew a fabric face mask.

- <https://sweetredpoppy.com/how-to-sew-a-surgical-face-mask/>
- <https://buttoncounter.com/2018/01/14/facemask-a-picture-tutorial>
- <https://www.deaconess.com/How-to-make-a-Face-Mask>

## STEPS TO FOLLOW

1.All fabric MUST be prewashed.

2.The masks should be 3 layers of fabric:

- Front cotton fabric
- Flannel
- Lining cotton fabric.

\*\*Some websites are only recommending two layers of fabric, either 2 layers of cotton or front cotton fabric & flannel lining.

3.If you do not have elastic, you can make fabric ties. The fabric ties should be 40" (WOF) long.

- Cut the tie fabric 1 1/2" wide. Fold lengthwise and press, then fold in both raw edges.
- Topstitch the tie to the top of the mask and another tie to the bottom of the mask.
- Basically, you are making (using) bias tape.

4.Pin Tucks: these are the pin tuck instructions (as an option) from the Sweet Red Poppy mask pattern.

- Draw a line 1 1/2" from the lower edge of the mask.



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- Draw another line 1" above the first line (2 ½" from the lower edge of the mask).
- Fold the seam edge up so the bottom line meets the top line.
- Draw a line ½" from the top crease of the first pleat.
- Draw another line 1" above the line you just drew.
- Fold the lower line up to meet the second line you drew & form a pleat.
- Draw a line ½" above the second pleat you created.
- Draw another line 1" above the line you just drew.
- Fold the lower line up to meet the second line you drew & form a pleat.
- You should now have 3 pleats.
- You will secure the pleats when you topstitch along the sides.

**Optional:** place a 3" piece of wired ribbon along the top edge of the mask, which is centered in the middle of the mask. The wired ribbon allows the healthcare worker to fit the mask snugly to their nose. If you cannot find wired ribbon, consider using a twisty-tie.